

2019 National Lymphedema Conference

**Preliminary Program: subject to change**

**HEALTH PROFESSIONALS ONLY**

**FRIDAY - November 1 (morning)**

Start Time	End Time	Event	Speaker	Audience	Room	Concurrent Special Sessions
7:00am	8:00am	Registration and Exhibit Hall Set-up plus Poster Presentations Setup			Ballroom Foyer and Exhibit Hall	
8:00am	9:15am	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>PARADIGM Medical - Myth busters regarding pneumatic compression devices</i> <i>Requires pre-registration</i>	Cheri L. Hoskins	HP	Salon E	<b>SPECIAL INVITED SESSION</b> Provincial Association Leaders: Meeting 8:00- 12:00pm Half day  Host: Tracy G and Anna K Carlingview Room - 12 max
9:30am	10:45am	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>3M Canada - 2 Layers/Many possibilities. Coban 2 layer compression system is changing practice.</i> <i>Requires pre-registration</i>	M.Reddick	HP	Salon D	
10:45am		Refreshment break and Opening of Exhibit Hall			Registrations for afternoon conference	<b>SPECIAL INVITED SESSION</b> CLF Education Working Group Working session 8:00 - 12:00pm Half day  Host: Sandra MacDonald C Room - 10
11:00am	12:15pm	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>MEDI - Managing Edema: Why compression matters</i> <i>Requires pre-registration</i>	TBD	HP	Salon E	

HP - Health Professionals only

HEALTH PROFESSIONALS AND PATIENTS

FRIDAY - November 1

Start Time	End Time	Event	Speaker	Audience	Room	Concurrent Special Sessions	
1:00pm		<b>OFFICIAL OPENING OF CONFERENCE</b>					
1:00pm	2:15pm	<b>PLENARY SESSION</b>		HP	Salon A/B/C/D		
		Welcome	TBD				
		<i>Invited Speaker: Scientific Developments in Lymphatic Research</i>	P.Von de Weid				
		<i>Invited Speaker: Challenging the Myths of Exercise-induced Lymphedema</i>	S.Harris				
2:15pm	3:30pm	<b>CONCURRENT SESSIONS A - please select one</b>					
		<b>A1. Pediatric Lymphedema</b>	C.McCuaig	HP	Salon A/B/C		
		<b>A2. Psychosocial Aspect - Living with a Chronic Disease</b>	M.Elliott	Patients	Salon D		
		<b>A3. Relaxation Therapy Session</b>	L.Beck	Patients	Dixon (15 max)		
		<b>A4. Workshop: Differential Diagnosis of vascular impairments and associated edema management</b>	J.Weiss	HP	Forum 3		
		<b>A5. Nutrition</b>	J.La Mantia	Patients	Salon E		
3:30pm	4:00pm	Refreshment Break and Exhibit Hall Viewings					
4:00pm	5:15pm	<b>CONCURRENT SESSIONS B - please select one</b>					
		<b>B1. Workshop: Chronic Wounds</b>	D.Keast	HP	Salon A/B/C		
		<b>B2. Skin Care Essentials</b>	C.McCuaig	Patients	Salon D		
		<b>B3. Exercise for Lymphedema - Arm</b>	M.AI Onazi	Patients	Dixon (20 max)		
		<b>B4. Abstract Session: Research</b>	Moderator: A.TOWERS	HP	Forum 3		
		4.1 Is decreased functional capacity linked to balance in lower leg lymphedema?	A.Marshall				
		4.2 A global perspective of eye dysregulation in LE reveals potential therapeutic targets	J.Kwan				
		4.3 Are differences in hand grip strength related to skeletal muscle thickness?	J.Whyte				
		4.4 Secondary leg LE following CABG in a patient with previous history of ovarian cancer	A.DiMenna				
		4.5 Feasibility/preliminary findings on early compression/exercise for gynecological cancer	S.Shallwani				
		<b>B5. Aqua Lymphatic Therapy - LEG</b>	ME.Letellier	Patients	Hotel Indoor Pool (15 max)		
5:15pm	5:45pm	Poster Presentations and Exhibit Hall Viewings					
5:45pm	7:00pm	<b>NETWORKING RECEPTION AND POSTER VIEWING</b>			Atrium and Foyer		
		<i>Sign-up is required</i>					

SPECIAL: PHYSICIAN INTENSIVE WORKSHOP

ROOM: Salon D

HP - Health Professionals

HEALTH PROFESSIONALS AND PATIENTS

SATURDAY - November 2

Start Time	End Time	Event	Speaker	Audience	Room
7:30am	8:30am	Registration and Exhibit Hall viewing			Exhibit Hall
8:30am	10:15am	<b>OPENING PLENARY SESSION</b>			
		Welcome Address	Conference hosts	ALL	Salon A/B/C/D/E
		CLF: 2009 - 2019 A decade of making a difference	A.Kennedy		
		10min			
		15min			
		<b>KEYNOTE SPEAKER: DR. MACHTELD HUBER</b>			
		Positive Health - The New Definition of Health	M.Huber	ALL	Salon A/B/C/D/E
		45min plus 15 Q&A			
10:15am	10:45am	Refreshment break, Exhibit Hall viewing and Poster Presentations			Foyer & PDC
10:45am	12:00pm	<b>CONCURRENT SESSIONS C - please select one</b>			
		<b>C1. Workshop: Palliative Care for the Lymphedema Patient</b>	A.Towers	HP	Salon A/B/C
		<b>C2. Exercise Session for Lymphedema - Leg</b>	N. Dolgoy	Patients	Forum 3 (15 max)
		<b>C3. Self-Care essentials including Self massage</b>	P.Hammond	Patients	Dixon (15 max)
		<b>C4. Workshop: Prospective Surveillance: Evidence and Experience</b>	J.Binkley	HP	Salon D
		<b>C5. Abstract Session: Advocacy &amp; International Work</b>	Moderator: D.KEAST	ALL	Salon E
		5.1 Creating an informed advocacy platform: an assessment of issues and concerns in Ontario	D.Ciotti-Bowman		
		5.2 ILF Outcome Measures Project: initial report from Canada	D.Keast		
		5.3 Lymphedema IMpact and PRrevalence INternational (LIMPRINT): final Canadian data	D.Keast		
		5.4 Humanitarian mission in Tanzania - raising awareness in Africa	M.Ibrahim		
		5.4 Provincial compression: collaboration between a patient association and the government	A.Joncas		
12:00pm	12:45pm	<b>LUNCH OPTION #1</b>			Salon D
		Guest Speaker - Berlange Persilus	TBD	ALL	
		Patient Perspective			
		(followed by Exhibit Hall visit until 1:30pm)			
12:45pm	1:30pm	<b>LUNCH OPTION #2</b>			Salon E
		Guest Speaker - TBD	TBD	ALL	
		Patient Perspective			
		(Preceded by Exhibit Hall visit)			
1:45pm	3:00pm	<b>CONCURRENT SESSIONS D - please select one</b>			
		<b>D1. Compression: Day and Night-time Options</b>	M.McNeely	Patients	Salon A/B/C
		<b>D2. Gynecological Related Lymphedema</b>	S.Shallwani	HP	Salon D
		<b>D3. Yoga for Lymphedema - Exercise Session</b>	B.Fanjoy	Patients	Dixon (15 max)
		<b>D4. Abstract Session: Advancing Lymphedema Care</b>	Moderator: N.DOLGOY	HP	Salon E
		4.1 Modified decongestive lymphatic therapy to meet hospital treatments' reality	ME.Letellier		
		4.2 The needs, benefits and challenges of starting a breast cancer preoperative program	ME.Letellier		
		4.3 Retrospective report of 100 referrals to lymphedema clinic	C.McCuig		
		4.4 Comprehensive & sustainable LE education and self-management: model of care at PMH	P. Hammond		
		4.5 Inequalities in access to "free" LE assessment and followup in Quebec	A.Towers		
		<b>D5. Aqua Lymphatic Therapy - ARM</b>	T.Gardiokiotis	Patients	Hotel indoor Pool (15 max)
3:00pm	3:30pm	Refreshment break, Exhibit Hall viewing and Poster Presentations			Exhibit Hall
3:30pm	5:30pm	<b>CLOSING PLENARY SESSION</b>			Salon A/B/C/D/E
		<b>SURGERY</b>		ALL	
		<b>Surgical Interventions and Quality of Life after Surgery</b>	J.Semple		
		<b>Local Surgery pre/post protocol</b>	S.Haykal		
		Abstract presentation: Making a case for lymphedema surgery in Canada: a patient perspective	A. Beath		
		Abstract presentation: Follow-up of LV and lymph node transplant surgery: a case series report	M.Ibrahim		
		<b>Q &amp; A with our Panel of Experts</b>			
		<b>Closing Address</b>	Dr.Semple, Dr.Haykal, Dr.Keast, Dr.Towers, Dr.McCuig		
			Conference hosts		

**SPECIAL ROUND TABLE DISCUSSIONS**

*Hospital Based Clinics*  
Sharing clinical protocol challenges

Forum 3  
Audience: Health Professionals only  
currently in hospital based clinics

**LAO**

**"Meet and Greet"**  
Lymphedema  
Association of  
Ontario

Salon A/B/C

\*HP - Health Professionals