

2019 National Lymphedema Conference

**Preliminary Program: subject to change**

**HEALTH PROFESSIONALS ONLY**

FRIDAY - November 1 (morning)

Start Time	End Time	Event	Speaker	Audience	Room	Concurrent Special Sessions
7:00am	8:00am	Registration and Exhibit Hall Set-up plus Poster Presentations Setup			Ballroom Foyer and Exhibit Hall	
8:00am	9:15am	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>PARADIGM Medical - Myth busters regarding pneumatic compression devices</i> <i>Requires pre-registration</i>	Cheri L. Hoskins	HP	Salon E	<b>SPECIAL INVITED SESSION</b> Provincial Association Leaders: Meeting 8:00- 12:00pm Half day Host: Tracy G and Anna K
9:30am	10:45am	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>3M Canada - 2 Layers/Many possibilities. Coban 2 layer compression system is changing practice.</i> <i>Requires pre-registration</i>	M.Reddick	HP	Salon D	
10:45am		Refreshment break and Opening of Exhibit Hall			Registrations for afternoon conference	<b>SPECIAL INVITED SESSION</b> CLF Education Working Group Working session 8:00 - 12:00pm Half day Host: Sandra MacDonald
11:00am	12:15pm	<b>PRE-CONFERENCE SPONSORED SYMPOSIUM</b> <i>MEDI Canada</i> <i>Requires pre-registration</i>	TBD	HP	Salon E	

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HEALTH PROFESSIONALS AND PATIENTS

FRIDAY - November 1

Start Time	End Time	Event	Speaker	Audience	Room	Concurrent Special Sessions
<b>1:00pm OFFICIAL OPENING OF CONFERENCE</b>						
1:00pm	2:15pm	<b>PLENARY SESSION</b> Welcome <i>Invited Speaker: Scientific Developments in Lymphatic Research</i> <i>Invited Speaker: Challenging the Myths of Exercise-induced Lymphedema</i>	TBD P.Von de Weid S.Harris	HP	Salon A/B/C/D	
<b>2:15pm 3:30pm CONCURRENT SESSIONS A - please select one</b>						
		<b>A1. Pediatric Lymphedema</b>	C.McCuaig	HP	Salon A/B/C	
		<b>A2. Psychosocial Aspect - Living with a Chronic Disease</b>	M.Elliott	Patients	Salon D	
		<b>A3. Relaxation Therapy Session</b>	L.Beck	Patients	Dixon (15 max)	
		<b>A4. Workshop: Differential Diagnosis of vascular impairments and associated edema management</b>	J.Weiss	HP	Forum 3	
		<b>A5. Nutrition</b>	J.La Mantia	Patients	Salon E	
<b>3:30pm 4:00pm Refreshment Break and Exhibit Hall Viewings</b>						
<b>4:00pm 5:15pm CONCURRENT SESSIONS B - please select one</b>						
		<b>B1. Workshop: Chronic Wounds</b>	D.Keast	HP	Salon A/B/C	<b>SPECIAL: PHYSICIAN INTENSIVE WORKSHOP</b>  ROOM: Salon D
		<b>B2. Skin Care Essentials</b>	C.McCuaig	Patients	Salon D	
		<b>B3. Exercise for Lymphedema - Arm</b>	M.Al Onazi	Patients	Dixon (20 max)	
		<b>B4. Abstract Session: Research</b>	Moderator: A.TOWERS	HP	Forum 3	
		4.1 Is decreased functional capacity linked to balance in lower leg lymphedema?	A.Marshall			
		4.2 A global perspective of eye dysregulation in LE reveals potential therapeutic targets	J.Kwan			
		4.3 Are differences in hand grip strength related to skeletal muscle thickness?	J.Whyte			
		4.4 Secondary leg LE following CABG in a patient with previous history of ovarian cancer	A.DiMenna			
		4.5 Feasibility/preliminary findings on early compression/exercise for gynecological cancer	S.Shalwani			
		<b>B5. Aquafit - LEG</b>	ME.Letellier	Patients	Hotel Indoor Pool (15 max)	
<b>5:15pm 5:45pm Poster Presentations and Exhibit Hall Viewings</b>						
5:45pm	7:00pm	<b>NETWORKING RECEPTION AND POSTER VIEWING</b> <i>Sign-up is required</i>			Atrium and Foyer	

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HEALTH PROFESSIONALS AND PATIENTS

SATURDAY - November 2

Start Time	End Time	Event	Speaker	Audience	Room	
7:30am	8:30am	Registration and Exhibit Hall viewing			Exhibit Hall	
8:30am	10:15am	<b>OPENING PLENARY SESSION</b>				
		<i>Welcome Address</i>	10min	Conference hosts	ALL	Salon A/B/C/D/E
		<i>CLF: 2009 - 2019 A decade of making a difference</i>	15min	A.Kennedy		
		<b>KEYNOTE SPEAKER: DR. MACHTELD HUBER</b>				
		<i>Positive Health - The New Definition of Health</i>	45min plus 15 Q&A	M.Huber	ALL	Salon A/B/C/D/E

10:15am 10:45am Refreshment break, Exhibit Hall viewing and Poster Presentations Foyer & PDC

Start Time	End Time	Event	Speaker	Audience	Room
10:45am	12:00pm	<b>CONCURRENT SESSIONS C - please select one</b>			
		<b>C1. Workshop: Palliative Care for the Lymphedema Patient</b>	A.Towers	HP	Salon A/B/C
		<b>C2. Exercise Session for Lymphedema - Leg</b>	N. Dolgoy	Patients	Forum 3 (15 max)
		<b>C3. Self-Care essentials including Self massage</b>	P.Hammond	Patients	Dixon (15 max)
		<b>C4. Workshop: Prospective Surveillance: Evidence and Experience</b>	J.Binkley	HP	Salon D
		<b>C5. Abstract Session: Advocacy &amp; International Work</b>	Moderator: D.KEAST	ALL	Salon E
		5.1 <i>Creating an informed advocacy platform: an assessment of issues and concerns in Ontario</i>	D.Ciotti-Bowman		
		5.2 <i>ILF Outcome Measures Project: initial report from Canada</i>	D.Keast		
		5.3 <i>Lymphedema Impact and Prevalence International (LIMPRINT): final Canadian data</i>	D.Keast		
		5.4 <i>Humanitarian mission in Tanzania - raising awareness in Africa</i>	M.Ibrahim		
		5.4 <i>Provincial compression: collaboration between a patient association and the government</i>	A.Joncas		

12:00pm	12:45pm	<b>LUNCH OPTION #1</b>			Salon D
		<b>Guest Speaker - Berlange Persilus</b>	TBD	ALL	
		<i>Patient Perspective</i>			
		(followed by Exhibit Hall visit until 1:30pm)			
12:45pm	1:30pm	<b>LUNCH OPTION #2</b>			Salon E
		<b>Guest Speaker - TBD</b>	TBD	ALL	
		<i>Patient Perspective</i>			
		(Preceded by Exhibit Hall visit)			

**SPECIAL ROUND TABLE DISCUSSIONS**

*Hospital Based Clinics*  
Sharing clinical protocol challenges

Forum 3  
Audience: Health Professionals only  
currently in hospital based clinics

**LAO**

**"Meet and Greet"**  
Lymphedema  
Association of  
Ontario

Salon A/B/C

Start Time	End Time	Event	Speaker	Audience	Room
1:45pm	3:00pm	<b>CONCURRENT SESSIONS D - please select one</b>			
		<b>D1. Compression: Day and Night-time Options</b>	M.McNeely	Patients	Salon A/B/C
		<b>D2. Gynecological Related Lymphedema</b>	S.Shallwani	HP	Salon D
		<b>D3. Yoga for Lymphedema - Exercise Session</b>	B.Fanjoy	Patients	Dixon (15 max)
		<b>D4. Abstract Session: Advancing Lymphedema Care</b>	Moderator: N.DOLGOY	HP	Salon E
		4.1 <i>Modified decongestive lymphatic therapy to meet hospital treatments' reality</i>	ME.Letellier		
		4.2 <i>The needs, benefits and challenges of starting a breast cancer preoperative program</i>	ME.Letellier		
		4.3 <i>Retrospective report of 100 referrals to lymphedema clinic</i>	C.McCuaig		
		4.4 <i>Comprehensive &amp; sustainable LE education and self-management: model of care at PMH</i>	P. Hammond		
		4.5 <i>Inequalities in access to "free" LE assessment and followup in Quebec</i>	A.Towers		
		<b>D5. Aquafit - ARM</b>	T.Gardiokiotis	Patients	Hotel Indoor Pool (15 max)

3:00pm 3:30pm Refreshment break, Exhibit Hall viewing and Poster Presentations Exhibit Hall

3:30pm	5:30pm	<b>CLOSING PLENARY SESSION</b>			Salon A/B/C/D/E
		<b>SURGERY</b>		ALL	
		<i>Surgical Interventions and Quality of Life after Surgery</i>	J.Semple		
		<i>Local Surgery pre/post protocol</i>	S.Haykal		
		<i>Abstract presentation: Making a case for lymphedema surgery in Canada: a patient perspective</i>	A. Beath		
		<i>Abstract presentation: Follow-up of LV and lymph node transplant surgery: a case series report</i>	M.Ibrahim		
		<b>Q &amp; A with our Panel of Experts</b>	Dr.Semple, Dr.Haykal, Dr.Keast, Dr.Towers, Dr.McCuaig		
		<b>Closing Address</b>	Conference hosts		

\*HP - Health Professionals