

PATHWAYS ADDITIONAL REFERENCES

NOT IN MAGAZINE: Spring 2017

The rising prevalence of lymphedema in Canada: A continuing Dialogue

By David Keast and Anna Towers

References

1. Shaitelman SF, Cromwell KD, Rasmussen JC , Stout NL DPT, Armer JM, RN, PhD, Lasinski BB, Cormier JN. Recent progress in the treatment and prevention of cancer-related lymphedema. *Lymphedema Treatment and Prevention* 2015; 65(1), 2-27
2. Weissleder H, Schuchhardt C. *Lymphedema Diagnosis and Therapy*. Viatal Verlag GmbH, 2008, p.116
3. Moffatt C , Keeley V, Franks PJ, Rich A, Pinnington LL. Chronic oedema: a prevalent health care problem for UK health services. *International Wound Journal* Dec 2016, ISSN 1742-4801; 1-10
4. Wang W, Keast DH. Prevalence and characteristics of lymphoedema at a wound-care clinic. *Journal of Wound Care North American Supplement* 2016, 25(4):S11 - 15

Exercise and lymphedema: The evolution of exercise research and protocol for lymphedema

By Karin Johansson

References

1. Kurz, I. *Einführung in die Manuelle Lymphdrainage nach Dr. Vodder*. 3. Auflage. Heidelberg: Karl F. Haug Verlag; 1984.
2. Thune I, Brenn T, Lund E, Gaard M. Physical activity and the risk of breast cancer. *N Engl J Med* 1997; 127: 1269-75.
3. Ibrahim EM, Al-Homaidh A. Physical activity and survival after breast cancer diagnosis: meta-analysis of published studies. *Med Oncol*. 2011 Sep;28(3):753-65.
4. Shephard RJ. Physical Activity and Prostate Cancer: An Updated Review. *Sports Med*. 2016 Nov 14. [Epub ahead of print]
5. Campbell PT, Patel AV, Newton CC, Jacobs EJ, Gapstur SM. Associations of recreational physical activity and leisure time spent sitting with colorectal cancer survival. *J Clin Oncol*. 2013 Mar 1;31(7):876-85.
6. Mortimer PS, Rockson SG. New developments in clinical aspects of lymphatic disease. *J Clin Invest* 2014;124(3):1-7.
7. Lane K, Worsley D, McKenzie D. Exercise and the lymphatic system. Implications for breast-cancer survivors. *Sports Med* 2005; 35(6):461-471.
8. Harris SR, Niesen-Vertommen SL. Challenging the myth of exercise-induced lymphedema following breast cancer: A series of case reports. *J Surg Oncol* 2000; 74: 95-99
9. [Schmitz KH](#), [Ahmed RL](#), [Troxel AB](#), [Cheville A](#), [Lewis-Grant L](#), [Smith R](#), [Bryan CJ](#), [Williams-Smith CT](#), [Chittams J](#). Weight lifting for women at risk for breast cancer-related lymphedema: a randomized trial. [JAMA](#). 2010 Dec 22;304(24):2699-705.

10. [Singh B](#), [Disipio T](#), [Peake J](#), [Hayes SC](#). Systematic review and meta-analysis of the effects of exercise for those with cancer-related lymphedema. [Arch Phys Med Rehabil](#). 2016 Feb;97(2):302-315.
11. Tidhar D, Katz-Leurer M. Aqua lymphatic therapy in women who suffer from breast cancer treatment-related lymphedema: a randomized controlled study. [Support Care Cancer](#) 2010; 18:383–392.
12. Johansson K, Hayes S, Speck R, Schmitz K. Water-based aerobic exercise for patients with arm lymphedema: A randomized, controlled pilot trial. [Am J Phys Med Rehabil](#). 2013 Apr;92(4):312-9.
13. [Lindquist H](#), [Enblom A](#), [Dunberger G](#), [Nyberg T](#), [Bergmark K](#). Water exercise compared to land exercise or standard care in female cancer survivors with secondary lymphedema. [Lymphology](#). 2015 Jun;48(2):64-79.
14. Jönsson L, Johansson K. The effects of pole walking on arm lymphedema and cardiovascular fitness in women treated for breast cancer. A pilot and feasibility study. [Physiother Theory Pract](#). 2014 May;30(4):236-42.
15. [Sharma M](#), [Lingam VC](#), [Nahar VK](#). A systematic review of yoga interventions as integrative treatment in breast cancer. [J Cancer Res Clin Oncol](#). 2016 Dec;142(12):2523-2540.
16. Narahari SR, Aggithaya MG, Thernoe L, Bose KS, Ryan TJ. Yoga protocol for treatment of breast cancer-related lymphedema. [Int J Yoga](#). 2016 Jul-Dec;9(2):145-55.
17. Riemenschneider PA, Shields JW. Human central lymph propulsion. [JAMA](#) 1981;246: 2066-2067.
18. Johansson K, Ohlsson K, Albertsson M, Ingvar C, Ekdahl C. Factors associated with the development of arm lymphedema following breast cancer treatment: A match pair case- control study. [Lymphology](#) 2002; 35: 59-71.

Skin characteristics of lymphedema: Clinical detection of breast cancer related lymphedema

By Carol Armstrong

References

1. Akita S, Nakamura R, Yamamoto N, et al [Plas & Recon Surg](#). 2016;138:2,192-202e Early Detection of Lymphatic Disorder and Treatment for Lymphedema following Breast Cancer
2. Stout Gergich, N. L., et al [Cancer](#). 2008;112:2809–2819 Preoperative assessment enables the early diagnosis and successful treatment of lymphedema.
3. Fu MR, [World J Clin Oncol](#). 2014;5(3):241-247 Breast cancer-related lymphedema: Symptoms, diagnosis, risk reduction, and management
4. Letelier ME, Mayo N. [Disabil Rehabil](#). 2016 Apr 21:1-11 Assessment of breast cancer disability: agreement between expert assessment and patient reports
5. Fu MR, Axelrod D, Cleland et al [Breast Cancer](#) 2015; 7,345-52 Symptom report in detecting breast cancer-related lymphedema.
6. Fu MR, Axelrod D, Guth A, et al. Eysenbach G, ed. [JMIR Research Protocols](#). 2016;5(1):e7 A Web- and Mobile-Based Intervention for Women Treated for Breast Cancer to Manage Chronic Pain and Symptoms Related to Lymphedema: Randomized Clinical Trial Rationale and Protocol.
7. Toyserkani NM ^{et al} [Breast](#). 2017 Jan 24;32:102-104. Seroma indicates increased risk of lymphedema following breast cancer treatment: A retrospective cohort study.
8. Fu MR et al. [Lymphology](#). 2011 Sep;44(3):134-43. The effects of symptomatic seroma on lymphedema symptoms following breast cancer treatment.

Parents raising children with primary lymphedema: Preliminary study results **By E. Radina, K. Kawamura, M. Martin, S. Rich, L. Clark, L. Ramsay and A. Oddo**

References

1. Kepreotes E., Keatinge D., & Stone T. (2010). The experience of parenting children with chronic health conditions: A new reality. *Journal of Nursing & Healthcare of Chronic Illnesses*, 2(1): 51-62.
2. Miodrag, N., Burke, M., Tanner-Smith, E., & Hodapp, R. M. (2015). Adverse health in parents of children with disabilities and chronic health conditions: A meta-analysis using the Parenting Stress Index's Health Sub-domain. *Journal of Intellectual Disability Research*, 59(3): 257-271.
3. Todd, M. (2015). Getting it right for children. *British Journal Of Community Nursing*, S5.