



CURRENT CONCEPTS IN LYMPHEDEMA AND CHRONIC EDEMA

EDUCATIONAL WORKSHOP FOR PHYSICIANS

Friday October 23, 2015, 1700-1900

Educational Objectives

By the conclusion of the workshop the participants will be able to:

1. Discuss the pathophysiology of lymphedema/chronic edema
2. Describe the complications of edema and chronic edema
3. Appraise the importance of early diagnosis
4. Discuss current treatments as per international guidelines
5. Evaluate how to access treatment resources
6. Recognize the importance of improving care for this neglected patient population

Outline of the workshop

- Basic overview of lymphatic pathophysiology
- Complications of chronic edema and lymphedema, including cellulitis, sepsis and chronic wounds
- Causes of chronic edema and lymphedema: cancer treatments, obesity, venous disease, primary lymphedema
- How to assess patients with chronic edema
- Current measurement and monitoring techniques
- Elements of current therapy: decongestive therapies, compression, role of surgery
- How to prescribe compression therapies
- Chronic edema and wound development
- Basic principles of wound care in the presence of chronic edema
- How to access appropriate treatments for patients with chronic edema and lymphedema