# National Lymphedema



Calgary • October 23 - 24, 2015

Co-hosted by the Canadian Lymphedema Framework and the Alberta Lymphedema Association in collaboration with the University of Calgary.







education research partnerships

#### PRE-CONFERENCE EVENTS: Friday Oct 23 - Health Professionals only (Subject to change)

Start Time	End Time	Optional Pre-Conference Industry Sponsored Events and Concurrent Meetings	Speaker
8:30	10:00	Sponsored Symposium – BSN/JOBST: The Importance of Compression Therapy for Lymphedema	Dr. Christine Moffatt
10:00	10:15	Refreshment Break and Exhibit Hall Viewing	
10:15	11:45am	Sponsored Symposium – 3M Canada: Advantages of an Active Lifestyle; Improving Lives One Wrap at a Time (hands-on workshop)	Martina Reddick
11:45	12:00pm	Break and Exhibit Hall Viewing	
12:00	1:30	Sponsored Lunch Symposium – Lohmann and Rauscher/Solaris: Night-time Lymphedema Management	John Mulligan

#### **CONCURRENT ANNUAL MEETINGS BY INVITATION**

9:00	12:15	Provincial Association Networking Session – Community Organization Leaders	By invitation
9:00	12:00pm	Canadian Lymphedema Framework - Education Working Group Meeting	Members meeting
9:00	12:00pm	Canadian Lymphedema Framework - Research Working Group Meeting	Members meeting
9:00	12:00pm	Alberta Stakeholder Meeting - Everyone has a Role to Play (Guest Speaker - C.Moffatt)	By invitation

### **NATIONAL CONFERENCE AGENDA:**

# Friday Oct 23 - Health Professionals only

Start Time	End Time	Event				Speaker/Moderator
7:30am	1:30pm	Registration				
1:30	3:00pm	OPENING PLENARY SESSION Welcome from Co-Hosts: CLF (Dr. Keast, Anna Kennedy) and ALA (Diane Martin) Guest Speakers - Lymphedema: An International Perspective How Big is the Lymphedema Problem? LIMPRINT				Dr. John MacDonald Dr. C. Moffatt
3:00	3:30pm	Refreshment Break, Exhibit Hall and Poster Viewing				
	4:45pm	Concurrent Sessions A	Stream 1	Stream 2	Stream 3	
		Research Snapshots I: 5 Presentations		✓	✓	Dr. M. McNeely
3:30		Care for the non-cancer and primary lymphedema: lower limb – a practical workshop		✓	✓	Dr. C. Moffatt
		ALA Advocacy to AHS Action: to Lymphedema Services		<b>✓</b>	<b>√</b>	Lisa Warner/Diane Martin/ Heather Watt
		Aqua Lymphatic Therapy: In-pool demonstration		✓	✓	Dorit Tidhar
4:45	5:45pm	Exhibit Hall Viewing and Poster Presentations				
5:00	7:00pm	PHYSICIANS ONLY WORKSHOP				Dr. David Keast Dr. Anna Towers
5:45	7:00pm	Networking Reception and Poster Viewing				

Learning Stream 1	Learning Stream 2	Learning Stream 3		
<ul> <li>Newly diagnosed lymphedema patients</li> <li>Those at risk of developing LE</li> <li>Family members and caregivers</li> </ul>	<ul> <li>Junior/new CDT therapists</li> <li>General health professionals</li> <li>Students and residents</li> <li>Wound care, ET and CANO nurses</li> <li>Garment fitters</li> <li>Experienced patients</li> </ul>	<ul><li>Experienced CDT therapists</li><li>Educators</li><li>Researchers</li></ul>		

#### NATIONAL CONFERENCE AGENDA

## **Saturday Oct 24 - Health Professionals and Patients**

Start Time	End Time	Event				Speaker or Moderator	
7:30	8:30	Registration and Exhibit Viewing - Optional Morning Lead- Power Walk from 7:00 – 7:45am					
		OPENING PLENARY SESSION - All streams					
8:30	10:00	Welcome Address from Co-Hosts CLF (Dr. Keast, Anna Kennedy) and ALA (Diane Martin) Guest Speaker (Minister of Health -TBD) – Changes in Alberta Lymphedema Care Guest Speaker – Advances in Lymphatic and Lymphedema Research				Dr. P.von der Weid	
10:00	10:45	Health Break and Exhibit Viewing					
		Concurrent Sessions B	Stream 1	Stream 2	Stream 3		
		Self-Managing Lymphedema – Take Control	✓	✓		Lori Radke Elizabeth Girling	
10:45	12:00	Measurement Using Bioimpedance/Perometry		✓	✓	Dr. M. McNeely	
		Wound Care in the Context of Chronic Edema		✓	✓	Dr. J. MacDonald	
		A New Exercise Sequence with Music	✓	✓	✓	Marie Jutras	
12:00	12:45	Rolling Lunch #1 & Exhibit Viewing – Making Compression Work for You  Dr. C Moffatt				Dr. C Moffatt	
12:45	1:30	Rolling Lunch #2 & Exhibit Viewing – Making a Differen	nce in the Lyr	nphedema C	ommunity	Catharine Bowman	
	3:00	Concurrent Sessions C	Stream 1	Stream 2	Stream 3		
		Exercise – Debunking the myths	✓	✓	✓	Dr. Kristin Campbell	
		Coping/Adapting – Psychosocial aspects	✓	✓	✓	Dr. Michael Speca	
1:45		Research Snapshots II: 5 Presentations		✓	✓	Dr. R. Thomas	
		Healthy Steps (Lebed) Exercise Session	✓			Barbara Cunnings- Versaevel	
		Aqua Lymphatic Therapy – ARM or LEG	✓			Dorit Tidhar	
3:00	3:30	Refreshment Break and Last Exhibit Viewing (passport prizing and winners announced)					
3:30	5:15	CLOSING PLENARY SESSION - All streams					
		Guest Speaker – Surgical Approaches for Lymphedema Panel of Experts- Q&A - Keast, MacDonald, Granzow, M		rs, McCuaig		Dr. Jay Granzow	
		Closing Address – Community Engagement				Anna Kennedy	